



Hale House
BARNARD SERVICES

Hale Barnard News

Hale Barnard Corporation

Fall 2015

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Hale Barnard Services provides residential and supportive services of exceptional quality for a diverse older population. Our residential programs offer an alternative to institutional care—a home when “home” is no longer possible. Our goal is to enhance all aspects of living in the later years by offering meaningful choices, social, intellectual and spiritual stimulation and by honoring individual worth in the collective environment. Our focus is on the elderly; we are committed to being involved with people of all ages, encouraging ties among generations.

Hale House Residents Give Back to Community

Hale House is so grateful for the volunteers who offer their time to the seniors living here. The Residents of Hale House benefit from these services on a daily basis. Hale House is proud to share that several of our residents donate time to volunteering to help benefit others. Michael Shulman, Claire Wells, Susan Hocking and Lorna Lynch are all actively involved in volunteer work in our local community.

Michael has been volunteering through Boston Cares for the last two years. He goes to the Greater Boston Food Bank and collects food for the Elizabeth Peabody House in Somerville. The food is gathered and then brought to Somerville where it is put in the food pantry on site. Claire volunteers at the Brigham and Women's Hospital twice a week. She has been doing this for the last thirteen years. Susan volunteers at “No Bones About It”, a doggy day care center in Brookline and the Eastern Service Worker's Association in Dorchester, MA. She has been involved with both agencies for at least 10 years. She feels inspired by the work they do and it keeps her motivated daily. Lorna volunteers her time with the First Church of Boston located on Marlborough Street. She helps to arrange all the flower displays and assists in other areas as needed.

Hale House Activities Director Clara Agoada is starting a volunteer project with Cradles to Crayons. This company, with locations in Boston and Philadelphia, provides basic essentials such as donated clothes, shoes, books and school supplies to homeless and low-income children. The opportunity to volunteer and give back by helping to package up the donated items for delivery is something that individuals living at Hale House are very excited about doing. The residents volunteered for the first time on Friday, October 23, 2015.



Lorna Lynch at her volunteer site

American Red Cross

Hale House serves 56 seniors on a daily basis by providing medication management, meals, activities and many other supportive services. Being involved in the direct care of these individuals requires the ability to act in emergency situations if one arises.

Hale House Executive Director, Tracey Cravedi, and Director of Nursing, Susan Saliba RN, offer CPR certification on site to staff to accommodate this need. It is a convenient way for employees to have access to the training and at no cost to themselves.



Catherine Logan (left) and Darcel Draper (right) during CPR training on 8/26/15.

Senior ID Program



Left to right: Deputy Stephen Fiste, Resident Robert Yarde, Marie Turley (Sr. Policy Analyst) and Lt. Abe Ayuso

Hale House is partnering with the Suffolk County Sheriff's Department to provide our seniors with a free photo ID. The Senior ID program offers individuals 65 and older an opportunity to have a secondary photo ID with emergency contact and physician information. Hale House had thirty Residents participate in the program on September 9th. Many seniors do not have the financial resources to obtain a license or Massachusetts ID. This is the second time Hale House has utilized this free program to offer the individuals living at Hale House a photo ID at no cost.

Exciting New Improvements at Hale House

The Hale House Nursing Department plays an essential role in the care provided to the individuals living here. The department is staffed with two people 24 hours a day for emergency support and medication administration. Ultimately, the staff do so much more than that. Hale House has an emergency call system linked to every bedroom and bathroom that alerts Nursing if there is a Resident in distress. Hale House is in the process of replacing the existing system with a new and improved one. Technology has advanced since the original system was installed. It is imperative that Hale House has enhanced communication between staff and residents. The new system will provide a wireless pendant to each resident in addition to the standard pull cord stations in each room. The pendants will provide a more accurate location for staff and allow for a faster response time. There are reporting features which will enable management to track how staff handle the alerts. The opportunity for residents to have access to these pendants will be reassuring to family members as an added feature to help monitor their loved ones. Improvements to our community come with a cost, but Hale House stands by our mission to providing high quality care.

Hale House is happy to announce that new furniture has been purchased for several of the common areas and the dining room. The 3rd and 4th floor sitting areas have been updated with flat screen televisions, new chairs, side tables as well as new lighting fixtures. The Resident's Hall, which is a multifunctional area of the house, has new tables and chairs to help convert this room to be more comfortable and accessible for Residents. Since the arrival of the furniture, staff have noticed an increased use of this room. Residents are enjoying the space to sit and enjoy their coffee, watch movies or engage in different activities. The dining room received new chairs with front casters to enable the individuals living at Hale House to have an easier transition when at the table. Aging with dignity is important and as the seniors living at Hale House age in place, we have to be cognizant of how we can help them. Simple changes like these chairs are just one way. The feedback received by residents since the installation has been very positive. This has been a work in progress for several years due to the large investment it required. Hale House Executive Director, Tracey Cravedi, Wellesley Design and Rogerson Communities worked together to choose furniture that would keep with the era of our home yet support the elders living at Hale House.

In 2012, Hale House began a restoration project on the Clarendon Street exterior. Due to the large undertaking and cost involved, it was not possible to complete the entire building. The commitment to finish the remaining exterior was not forgotten. With time and planning Hale House hopes to begin work on the three remaining elevations this year. Each side of the house will receive new storm windows. In addition, painting will be done and masonry repairs will be completed. Hale House has been fortunate to secure a grant in the amount of \$60,000 from the Charles H. Farnsworth Trust, Bank of America, N.A., Trustee to aid with the cost involved, but this will only cover a portion of the expense. These new windows will help Hale House to be more energy efficient and it is vital in our efforts to maintain our historic building.

Our two elevators are essential to the frail seniors living at Hale House. As with any machinery, repairs are required over time. Hale House is working with Otis Elevator Company to upgrade one of the elevators this year. A new power unit will be installed for the large hydraulic elevator. By completing this work, the elevator will be able to run as if it were new. This upgrade will cost in excess of \$20,000 but will allow the individuals living at Hale House continued ease and access to all five floors of our historic brownstone.

The support that Hale House receives from family and friends helps to contribute to the wonderful improvements and we appreciate the understanding of how important quality of care is for your loved ones. Without continued support from individual donors and grants Hale House would not be able to make these projects a reality for our community.



Resident Hall Seating



3rd Floor Common Area



Dining Room



Marlborough St. Exterior

Thank You to Our Generous Donors of 2014

Hale Barnard Corporation raised \$118,677 in 2014 through individual contributions and grants which fell shy of our goal of \$127,100. Annual support is crucial to our future development. As evidenced by the articles above, the ongoing renovations Hale House will complete will improve the quality of life and care given to each individual living here. Please help us reach our goal of \$136,350 in 2015 from friends and donors. Your gift which is deeply appreciated and tax-deductible ensures continuation of care and service to the elderly in need. If you work for a company that matches charitable gifts, you can help your gift go even further. To support the life and mission of Hale Barnard Corporation, talk with your tax preparer, accountant or attorney about the benefits of planned giving. Thank you once again for your support.

Hale Barnard's Bill Payer Program

Hale Barnard's Bill Payer Program and Budget Management Program for Seniors currently manages the finances for over 125 low-income clients in the Greater Boston Area. These are vital services being offered to the community at large. In 2015, the Bill Payer Program has been working diligently to provide education and outreach to individuals and agencies about how these services benefit people on a daily basis. It is our hope that by providing this education, we will allow more seniors in need to access this wonderful program.

The Bill Payer Program had four events throughout the months of September and October to help educate individuals. The staff had a vendor table at the Suffolk County Aging Disability Resource Consortium on September 18th for the *Independence and Wellness Across the Lifespan!* event. The staff presented a "Budgeting on a Limited Income" workshop to case managers and community members with disabilities. They provided packets which included budgeting tools.

On October 8th, the Bill Payer Program presented materials at the Head Injury Community Services vendor conference. The staff members provided information and general insight as to how the program can benefit those individuals with brain injuries and other physical and mental challenges.

A two part budgeting workshop will be presented at the Boston Public Library on October 21st and 28th. The first class will entail financial literacy definitions and budgeting tools with examples. Resource packets will be distributed for discussion and personal assessment. The second class is an opportunity for individuals to return and review personal finances. The

class time will allow for group and individual financial assessment and possibilities for implementing the tools provided.

These events are designed to reach the public on all levels and remove the stigma around the need for money management.



The Bill Payer Program Team from left to right: Bill Payer Assistant Patricia Alcidor, Bill Payer Director Jenn Weekes and Bill Payer Assistant Shatira Robinson.

Resident Events in 2015



Hale House Residents are having a wonderful year. The Activities Department has a full schedule of events that individuals can participate in daily. Hale House strives to offer a variety of activities so that there is something for everyone. These events help promote social engagement and prevent isolation among seniors.

Top left: Creatures Teacher Rick Roth with resident Claire Wells. This program encompasses live animal visits with interactive and educational highlights.



Center left: Larry Parker (AKA Mr. Magic) came out to Hale House and put on a fantastic show. Resident, Mary Healy, takes charge with his wand to assist in performing a trick.

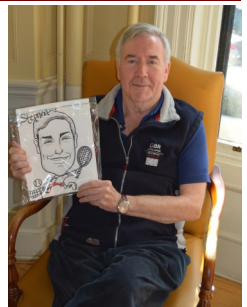
Bottom left: Residents went on an outing to Boston Bowl. Left to right are Edmund Coolidge, Deahdra Henderson, Ursula Philip (Staff) and Richard Beach. In addition to bowling, they also enjoyed playing billiards.



Top right: Hale House's Resident Council hosted a Caricature Event. Artist Susan Festa created amazing images of everyone who attended. Featured residents, Juanita Bonilla and Stephen Hurley.

Center right: Hale House residents enjoyed a Hawaiian luau in August to wrap up the warm weather.

Bottom right: Residents enjoyed an outing to the John F. Kennedy Museum in July. Many had never been despite being from the area.





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Learn More About Hale House

VOLUNTEERS NEEDED

We are always looking for volunteers for numerous projects at Hale Barnard Services. Check out volunteer opportunities on our website at www.halebarnard.org or contact **Activities** at **617-536-3726 x 122** or the **Bill Payer Program** at **617-375-0880 x117**.

RESIDENT ADMISSIONS

For information about becoming a Hale House resident please call **Jill Gemelli, Admissions & Resident Services Coordinator** at **617-536-3726 x123**.

PLEASE DONATE

To make a tax-deductible gift, please go to our website, www.halebarnard.org, or call the **Development Department** at **617-536-3726 x 111**.

NEED A VENUE?

We look forward to hearing from you! Hale House, a licensed residential care facility, is a Victorian brownstone located in Boston's Back Bay neighborhood. If you would like to host a meeting or small event in our historic building, please contact the **Executive Director Tracey Cravedi** at tcravedi@halebarnard.org or at **617-536-3726 x 125**.



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Hale Barnard Corporation is managed by Rogerson Communities.