



Hale House
BARNARD SERVICES

Hale Barnard News

Hale Barnard Corporation

2019

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Hale Barnard Services provides residential and supportive services of exceptional quality for a diverse older population. Our residential programs offer an alternative to institutional care—a home when “home” is no longer possible. Our goal is to enhance all aspects of living in the later years by offering meaningful choices, social, intellectual and spiritual stimulation and by honoring individual worth in the collective environment. Our focus is on the elderly; we are committed to being involved with people of all ages, encouraging ties among generations.

Community Partnerships ~ Foundations



Foundations is an innovative company looking to change the face of aging and mobility through science and experience. They aim to create a culture which encourages and empowers people to change their perspective on fitness and what it means to age. Jennifer Brine, Co-Founder of Foundations, contacted Hale House about hosting a pilot program that tests the feasibility of reducing fall risks for the 65+ year old population. “As people age, a negative feedback loop is created with the fear of falling. The worry for safety inhibits their ability in completing daily tasks autonomously, but the health complications from a fall can increase the need for early medical interventions” says Brine.

Hale House had eight residents complete the four week program and they reported five significant changes. They learned how to use their body and environment to return to a standing position after a fall; gained more familiarity with moving on the ground; built on their physical strength; decreased their fear of falling and increased a sense of independence in day to day activities. The results from the pilot program show a promising step forward to the goal of reclaiming independence for adults who are older, lessening the need for early assistance and prolonging dignity in the aging process.

We have seen wonderful results over the last few months since the program ended for the individuals who participated. The residents who attended the program made a serious commitment and invested time and energy into improving their quality of life. Hale House is very proud to have been part of such a powerful program. We were able to witness the benefits after only one month so to have the opportunity to do the full program is something to seriously consider.

Co-founders Jennifer Brine and Chi Bang were amazing to work with throughout this process. They look forward to partnering with individuals, communities and other organizations to roll out the full program.

You can reach Foundations by calling 207-608-5827 or emailing foundationswellness@gmail.com.



Happy Place

Happy Place was founded by Jared Paul and opened on November 20, 2017 in Los Angeles before going on tour. This massive pop-up experience is filled with larger than life size installations, multi-sensory immersive rooms and dozens of moments curated to “Capture Your Happy”. Happy Place was created with the intent to add a lot more happiness for the world we live in today.



It opened in Boston, Massachusetts this past spring and was here for several months. Hale House was fortunate enough to be right in the neighborhood where it was being featured on Boylston Street.

Staff and residents were able to experience it for themselves and it did not disappoint. It was exciting to do something new and different with the residents.

We are thankful to be able to offer opportunities like this to our residents with the help of wonderful companies like Happy Place.

Top photo: Christine Conniff with an extra large chocolate chip cookie.

Employee Spotlight ~ Get to know Jonathan Kentner, RN

Jonathan Kentner, RN joined the Hale House team in March 2017 and was promoted to Lead Nurse in July 2018. The residents at Hale House feel very comfortable with him because he is patient and kind no matter the situation. Jon is always ready with a smile and he is a genuine role model for other staff. He is able to keep a calm, clear head in any circumstance and ensures that the needs of the individual are met with the highest quality of care.

Jon shared some thoughts about nursing and his time at Hale House.

"For about as long as I can remember I have been interested in working with people. In 2015, I moved to Boston to attend school at Mass General Hospital. I graduated in 2016 with my Bachelor's Degree in Nursing. Nurses truly seek to see the person behind the illness and care for that person. I began working at Hale House and I fell in love with the place immediately. Over the last few years, I have been able to get to know the residents on an individual level and truly feel like part of their lives. I find it an honor to be present as residents have shared some of their deepest pains but also their hopes and dreams. To see them make

goals for their future and overcome the obstacles in their way is very fulfilling. In many ways the residents at Hale House have become like a family to me and it is a joy for me to come to work and spend my day with them.

Some fun facts about Jon:

Favorite colors: Forest green and royal blue

Favorite food: Veal Francese

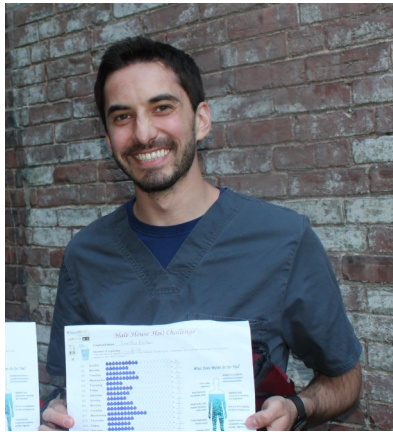
Favorite movie: The Adjustment Bureau ~ Jon finds it thought provoking.

Favorite mission trip: Tied ~ 1. Trip to a free medical clinic in a remote mountain village in Guatemala where Jon served 100-200 people every day. It was one of his first introductions to healthcare and he found it very humbling. 2. Summer in South Africa working with a nonprofit organization called Mosaic. Their goal is to empower people to escape the cycle of poverty and find a solution to the epidemic of children being orphaned by HIV/AIDS.

Jon shared that he is always up for an adventure and willing to try new things wherever he goes. This has allowed Jon to have some amazing memories and stories like scuba diving around sunken ships in the Florida Keys.



Mission trip to Guatemala in 2010



A Glimpse into Hale House Activities

Residents enjoyed a variety of activities throughout 2019. Below are some photos from our visit with Barn Babies, annual trip to Nahant at Rebekah Richardson's home, weekly pet visits, summer luau, art class and Mardi Gras party to name a few.



Thank You to Our Generous Donors of 2018

Hale Barnard Corporation wants to extend a sincere thank you to all of our individual donors, friends and family in 2018. We fell short of our budgeted goal but hope to make up for that this year. Annual support is crucial to our future development. Your donations make a big difference in Hale House's ability to continue providing the quality of care we strive for each day. Your gift is deeply appreciated and tax-deductible. If you work for a company that matches charitable gifts, you can make your gift go even further. To support the life and mission of Hale Barnard Corporation, talk with your tax preparer, accountant or attorney about the benefits of planned giving. Thank you once again for your support. Contact Judith Wilburn at 617-536-3726x111 to donate now.

Pave the Way for Hale House

Hale House is pleased to announce that the Marlborough Street garden is complete. Hale House has a unique connection to the Audubon Society which we chose to honor by naming this space "Harriet's Hideaway" after one of its founders, Harriet Hemenway, who once lived at 273 Clarendon Street with her husband.

It has been an amazing experience to watch the lovely garden area bloom over the spring and into the summer months. It is a beautiful oasis for our residents. The landscape design supports plants, flowers and foliage that attract and support urban birds and provide habitats for butterflies.

We have a wonderful opportunity for people to purchase a brick in the new pathway. These bricks can be engraved in memory of a loved one or with a dedication. Your purchase will help support Hale House and our mission to provide quality care to the seniors living in our community. An individual paver is \$250. Our goal is to have 50 more bricks sold before we do a grand opening with a ribbon cutting to formally open the area.

Money raised through the sale of these bricks will support daily activities for the residents such as their weekly yoga, mobility and movement classes, outings to the movies and lunch, tickets to the theater and more. Hale House strives to ensure that every residents' individual needs are met and your donation will help us continue to do that each day.

Please contact Judy Wilburn (617-536-3726x111 or jwilburn@halebarnard.org) if you are interested in helping to pave the way for the seniors living at Hale House.



Detach below and return in the enclosed envelope. Thank you.

Help Pave the Way for Hale's Future

- Yes, I/We want to support Hale Barnard by purchasing brick.
_____ of brick(s) \$250 each
Total \$ _____
Your inscription(s): _____
16 character limit ~ Please use additional paper for multiple inscriptions
- Yes, I/We want to support Hale Barnard without purchasing a brick, enclosed is my gift of \$ _____
Personal Information:
Name: _____
Address: _____
Email: _____
Total Payment \$ _____
- Enclosed is my check made payable to Hale Barnard Corporation
- Please charge my credit card
CC#: _____ Exp. Date: _____
Billing Address: _____
Signature: _____



Hale House
BARNARD SERVICES

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Learn More About Hale House

VOLUNTEERS NEEDED

We are always looking for volunteers for numerous projects at Hale Barnard Services. Check out volunteer opportunities on our website at www.halebarnard.org or contact **Activities** at **617-536-3726 x 122.**

RESIDENT ADMISSIONS

For information about becoming a Hale House resident please call **Jill Gemelli, Director of Resident Services** at **617-536-3726 x123.**

PLEASE DONATE

To make a tax-deductible gift, please go to our website, www.halebarnard.org, or call the **Development Department** at **617-536-3726 x111.**

Executive Director Tracey Cravedi
at tcravedi@halebarnard.org or
at **617-536-3726 x125.**



Check out our website at www.halebarnard.org

Hale Barnard Corporation is managed by Rogerson Communities.